

The concluding part of the silver economy series looks at innovative apps and wearables that are empowering seniors and their families

How tech is changing the landscape of elder care

PEERZADA ABRAR, SOHINI DAS & SHIVANI SHINDE
Bengaluru/Mumbai, 23 December

As India's population ages, elder care is becoming an urgent priority, both for families and the healthcare industry. This has spawned new businesses: Startups that are developing innovative tech-driven solutions that help manage elder care remotely, especially for families living far from their ageing parents.

One such example is Dozee, a healthtech firm that offers AI-powered, contactless remote patient monitoring and an early warning system. The Bengaluru-based firm recently unveiled Shravan, a system that enables families living away from their elderly parents to monitor their vital health metrics like heart rate, blood pressure, and sleep patterns. This health data is shared with both the families and healthcare providers via a mobile app and can be accessed 24x7. By providing real-time alerts, Shravan helps families, even those overseas, stay connected to their parents' well-being and enables early medical intervention when needed.

Mudit Dandwate, chief executive officer and co-founder of Dozee, pointed out that traditional health monitoring methods often fall short of providing clinical-grade, real-time data necessary for early detection. And existing support systems — such as occasional check-ins, help from relatives and neighbours, and limited telemedicine — offer limited reassurance and often fail during emergencies. As a result, even manageable conditions are overlooked until it's too late. Dozee, which is now present in over 200 hospitals in 40-plus districts, intends to bridge this gap through early detection of a potential health deterioration and timely medical interventions. The firm is also expanding its operations to Africa.

Beyond individual products, elder care is also undergoing a broader transformation.

Organisations like KITES Senior Care are focusing on delivering healthcare and



NEW-AGE SOLUTIONS

- Startups are developing solutions that can help manage elder care remotely
- Healthtech firm Dozee developed a system enabling families living away from their elderly parents to monitor their vital health metrics

- KITES Senior Care is focusing on delivering healthcare and assistance in a familiar, home-like setting
- Khyaal is engaging seniors with live workshops, games, and curated travel packages
- India's elderly (60-plus) population is expected to more than double to 347 million by 2050

assistance in a familiar, home-like setting, allowing seniors to maintain their independence while receiving the support they need.

Rajagopal G, CEO of Columbia Pacific Communities and KITES Senior Care, emphasised that families increasingly prefer this approach over traditional old-age homes.

KITES has served over 6,500 elders in the 'out of hospital care' segment and caters to 2,400-plus seniors in retirement homes. "Many seniors are becoming more comfortable with digital tools for healthcare consultations, health monitoring, and staying in touch with family members," said Rajagopal. "At KITES, we assist them in navigating these technologies, ensuring they feel confident and supported" rather than overwhelmed.

The need for such solutions is growing as India's elderly (60-plus) population, which is currently over 149 million, is expected to more than double to 347 million by 2050. As the country's demographic shifts, the demand for more efficient, technology-driven healthcare solutions will only increase.

But technology alone cannot solve the issue; it must be accompanied by thoughtful implementation that takes into account

the real-life challenges faced by seniors.

Khyaal, another player in the elder care space, offers an app that goes beyond health monitoring. It engages seniors with live workshops, games and curated travel packages, besides offering on-demand assistance and safe payments, while also allowing families to stay connected. With over 2 million users across tier I and II cities, Khyaal demonstrates how community-building and elder care can go hand in hand.

The rise of wearable technology is another aspect reshaping elder care. Devices that monitor heart rate, oxygen saturation levels, blood pressure, temperature and even ECG data are becoming common.

Aashish Contractor, director-Rehabilitation and Sports Medicine, Sir HN Reliance Foundation Hospital, Mumbai, has seen first-hand how wearables can provide critical insights.

"Recently, I had a patient who showed me his smartwatch readings of a heart rate, which was below 40 beats per minute," he said. "We investigated further, and discovered that he needed a pacemaker immediately. In summary, I do believe that these wearables can give us some good information, but it needs to be used judiciously."

He cautions against over-reliance on these devices, noting that false positives can lead to unnecessary stress and costly, often needless, medical tests.



SHYAMBENEGAL 1934-2024

Pioneer of parallel cinema dies at 90

PRESS TRUST OF INDIA
Mumbai, 23 December

Veteran filmmaker Shyam Benegal, who heralded the Indian parallel cinema movement in the 1970s and 1980s with films such as *Ankur*, *Nishant* and *Manthan*, died on Monday, his daughter Pia said. He was 90.

The filmmaker passed away at Mumbai's Wockhardt Hospital due to chronic kidney disease, Pia Benegal told *PTI*. "He passed away at 6.38 pm at Wockhardt Hospital Mumbai Central. He had been suffering from chronic kidney disease for several years but it had gotten very bad. That's the reason for his death," she said.

Wockhardt Hospital sources said Benegal had been admitted in the ICU.

In his prolific career, Benegal made films on diverse issues, documentaries and television serials, including *Bharat Ek Khoj* and *Samvidhaan*. He had celebrated his 90th birthday just 10 days ago on December 14.

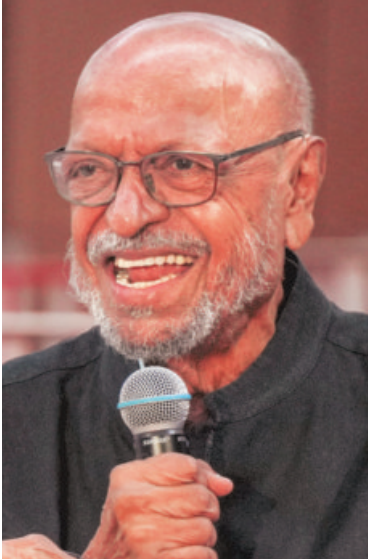
The director told *PTI* on the occasion that he had to frequently visit the hospital and was on dialysis.

Benegal is survived by his wife Nira Benegal and daughter.

His films include *Bhumika*, *Junoon*, *Mandi*, *Suraj Ka Satvaan Ghoda*, *Mammo* and *Sardari Begum*, most counted as classics in Hindi cinema.

The director's most recent work was the 2023 biographical *Mujib: The*

FILE PHOTO: PTI



The veteran filmmaker passed away at Mumbai's Wockhardt Hospital due to chronic kidney disease

Making of a Nation.

And he wasn't calling it quits anytime soon.

"I'm working on two to three projects; they are all different from one another. It's difficult to say which one I will make. They are all for the big screen," Benegal told *PTI* just last week on the occasion of his 90th birthday. He also spoke of his frequent visits

to the hospital and that he was on dialysis. Benegal's *Manthan* on Varghese Kurien's milk cooperative movement in Anand, Gujarat, starring Smita Patil, Girish Karnad and Naseeruddin Shah, was restored and screened at the Cannes Classics segment in the French riviera town in May this year.

Tributes to Shyam Babu, as he was known to friends and colleagues, who rewrote the rules of Indian movies poured in.

Filmmaker Shekhar Kapur said Benegal created 'new wave' cinema and will always be remembered as the man who changed the direction of Hindi cinema with films like *Ankur* and *Manthan*.

"He created stars out of great actors like Shabana Azmi and Smita Patil. Farewell my friend and my guide," he added.

Actor-director Atul Tiwari said, "It is difficult to believe but our icon Shyam Benegal is no more." "Go well Shyam babu. Thank you (for) inspiring many like me. Thank you for the cinema. Thank you for giving tough stories and flawed characters such amazing dignity. Truly among the last of our greats." Akshay Kumar described him as one of the finest filmmakers in the country. "If there is one thing Shyam Benegal expressed best: it was the Poetry of the ordinary face and ordinary lives," director Sudhir Mishra said.

TECH DIGEST

mybs.in/tech

APPLE PLANS SMART DOORBELL WITH FACE ID



Apple will reportedly expand its smart home product lineup, including a doorbell with facial recognition similar to Face ID. This doorbell, expected to launch by 2025, would double as a door-locking system, unlocking doors when it recognises registered faces. Additionally, Apple is planning other devices powered by Apple Intelligence, such as a wall-mounted iPad (due in March 2025), a robotic tabletop device with AI capabilities, and a smart home camera.



Samsung set to launch Slim model in S25 series

Expected to debut in Q2 2025, the Galaxy S25 Slim is reported to feature a 6mm slim profile, a 6.66-inch display, a 4,700mAh battery, and a triple-camera system with a 200MP main sensor. Powered by the Qualcomm Snapdragon 8 Elite processor, it is anticipated to rival Apple's thin-profile iPhone 17 Air, also anticipated for a 2025 release.

Oppo plans to launch Reno 13 series in Jan

Oppo's series will encompass the Reno 13 and Reno 13 Pro. Both models will feature premium design with unique colour finishes and an aluminium frame. The Reno 13 series will boast sculpted glass back and Corning Gorilla Glass 7i protection for the display. The series will offer drop protection.

Kolhapur Municipal Corporation
(Health and Sanitation Department)

Tender Notice No. 95
Second Extension

Public tenders are being invited for the preparation of panels for the maintenance and repair of a total of 172 vehicles, including 104 diesel + CNG, 65 auto tripper vehicles and 03 high-way dumpers of 10 cu.m. capacity, of Tata Company, which are in use by the Health Department of Kolhapur Municipal Corporation. As the said tender did not receive any response, The first extension is being granted till 30/12/2024. However, interested tenderers should visit www.mahatender.gov.in of Government of Maharashtra by dt. 23/12/2024 to 30/12/2024 at 03.30 PM to receive and submit tenders.

Sd/-
Ass. Commissioner (IV)
Kolhapur Municipal Corporation

BANK OF INDIA
BRANCH: KAPILL KUTTIIPURAM
Near Kurakavu Temple, Kapill East, Krishnapuram,
Alappuzha District, Ph: 0479-2438397/2438048,
Email: K.Puram.Thiruvananthapuram@bankofindia.co.in

POSSESSION NOTICE
(Notice under Rule 8 (1) of the Security Interest (Enforcement) Rules 2002
Whereas the undersigned being the Authorised Officer of Bank of India, under the Securitisation and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 and in exercise of the powers conferred under Section 13(1) of the said Act read with rule 3 of the Security Interest (Enforcement) Rules, 2002 issued demand notices Dated 05.08.2024 calling upon the borrowers Mr. R. Ramesh Kumar, Co-Borrower Mrs. Sumitha G & Guarantor Mrs. Geetha S., all residing at Chooralakkal, Puthenpurayil, Alappuzha, Alappuzha-680 533 to repay the amount mentioned in the notice being of Rs.4,84,721.97 (Rupees Four Lakh Eighty Four Thousand Seven Hundred Twenty One and Ninety Seven paise) (Contractual Dues up to 05.08.2024) and further interest thereon @ 9.45% p.a. from 06.08.2024 compounded with monthly rests and all costs, charges and expenses incurred by the Bank, till repayment by you within a period of 60 (sixty) days from the date of receipt of the said notice.
The borrowers/guarantors having failed to repay the amount, notice is hereby given to the borrowers and the public in general that the undersigned has taken possession of the property described herein below in exercise of powers conferred on him under sub-section (4) of Section 13 of Act read with rule 8 of the Security Interest Enforcement Rules, 2002 on the 20th day of December Month of year 2024.
The borrowers/guarantors in particular and the public in general are hereby cautioned not to deal with the property and any dealings with the property will be subject to the charge of Bank of India for an amount of Rs.4,91,290.61 (Rupees Four Lakh Ninety One Thousand Two Hundred Ninety and Sixty One paise) (Contractual Dues up to 20.12.2024) with further interest thereon @ contracted rate from 21.12.2024 compounded with monthly rests.
The borrower's/guarantor's attention is invited to provisions of sub-section (8) of Section 13 of the Act, in respect of time available, to redeem the secured assets. Amount paid if any after issuance of Demand Notice under SARFAESI Act, would be reckoned for ascertaining the dues payable at the time of realization/settlement
DESCRIPTION OF IMMOVABLE PROPERTY: Equitable mortgage of all the part and parcel of the property consisting of 2.88 Ares at Re Sy No. 516/5 in Block No. 09 of Haripad Village, Kattipuzha Taluk, Alappuzha District jointly owned by Mr. R. Ramesh Kumar & Mrs. Sumitha G. BOUNDARIES of the property (as per location sketch): North: Parakkert Padam, East: Thodu, South: Property of Raveendran and Way, West: Property of Geetha
Date: 20.12.2024 (Sd/-) Chief Manager & Authorised Officer
Place: Kapill Kuttippuram Bank of India, Thiruvananthapuram Zone

THIRUVANANTHAPURAM SOUTH REGIONAL OFFICE, 1st Floor, Power House Road, Chalai, Thiruvananthapuram-695010
PH : 0471 2579210, 8301837120

LOCKER BREAK OPEN
The following customers have not operated their locker for more than seven years. Various notices sent in this regard have been returned undelivered. Therefore, the below lockers will be break open on 24.01.2025 or any convenient date without further intimation. Please note that locker rent arrears as well as other charges incurred in this regard will be levied legally from the locker hirers/s.

Sl. No	Branch	Customer Name and Address	Arrears as on 21.12.2024
1	Trivikramangalam	Smt. Bindhu S. & Sri. Suresh Babu P., both residing at Praveenam, TC 19 1160-1, Kattianvila Line, Thalamam, Poosapuzha PO-695012 (Locker A/c.No. 123004728331)	Rs.5,719/-
2	Puthenchanthai	Sri. Mithun S. Saranya, TC 6/1206/1, Kanjirampara PO-Trivandrum-695030 (Locker A/c.No. 123005416337)	Rs.1,173/-
3	Puthenchanthai	Sri. Abdul Salam M, Engineer Asst Exe, DN No. III, KSHB, Trivandrum- 695001 (Locker A/c.No. 4002605000263)	Rs.2,299/-
4	Kovalam	Smt. Grace Remony Abisajh, Trust in Jesus, Ayanivila, Kakkamoola, Koliyoor, Trivandrum-695527 (Locker A/c.No. 123003921760)	Rs.6,020/-

Place: Trivandrum, Date : 23.12.2024 (Sd/-) AUTHORISED OFFICER

GRIHUM HOUSING FINANCE LIMITED
(FORMERLY KNOWN AS POONAWALLA HOUSING FINANCE LTD)
Registered Office: 6th floor, B- Building, Ganga Trueno business park, Lohegaon, Pune -411014

APPENDIX IV (See rule 8(1))
POSSESSION NOTICE
(For Immovable Property)

Whereas, the undersigned being the Authorised Officer of Grihum Housing Finance Limited (formerly known as Poonawalla Housing Finance Limited as the name Poonawalla Housing Finance Limited changed to Grihum Housing Finance Limited with effect from 17 Nov 2023 (Previously known as Magma Housing Finance Limited and originally incorporated with name of GE Money Housing Finance Public Unlimited Company) herein after referred as Secured Creditor of the above Corporate Registrar Office: under the Securitisation and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 (hereinafter referred as the "said Act") and in exercise of the powers conferred under Section 13 (12) of the said Act read with Rule 3 of the Security Interest (Enforcement) Rules 2002, issued a demand notice below dated calling upon the below Borrowers to repay the amount mentioned in the notice within 60 days from the date of receipt of the said notice. The borrowers having failed to repay the amount, notice is hereby given to the borrowers and the public in general that the undersigned has taken possession of the property described herein below in exercise of powers conferred on him/ her under Section 13 (4) of the said Act read with Rule 8 of the said rules of the Security Interest Enforcement Rules 2002 on the dates mentioned herein below. The borrowers in particular and the public in general are hereby cautioned not to deal with the property and any dealings with the property will be subject to the charge of secured Creditor the amount and interest thereon.
The borrower's attention is invited to provisions of sub-section (8) of section 13 of the Act, in respect of time available, to redeem the secured assets. Details of Property taken in possession are herein below.

Sr. No.	Name of Borrowers	Description of Property	Possession taken Date	Date of statutory Demand Notice	Amount in Demand Notice (Rs.)
1.	Jayaseelan Kanikairaj, Gracy Jayaseelan	All That Piece & Parcel Of Old D No 2 495 Now D No 475 Old S No 72 2 Now S No 72 2a1 Perumadu Village Panchayat Annavasal Union Panchayat Annavasal Sub D Illupur Taluk Pudukottai District Adm. 1960.Sq.Ft. Pin Code- 621305 Bounded By:- East:- Anbarasi House, West:- 20ft Road, North:- Canel South:- Nanjai Land.	19/12/2024	06/06/2024	Loan No. HF0128H21100141 Rs. 1635848/- (Rupees Sixteen Lakh ThirtyFive Thousand Eight Hundred FortyEight Only) payable as on 06/06/2024 along with interest @ 15.5 p.a. till the realization.
2.	Rakesh Rajendran Kumari, Revathy Asok	All That Piece And Parcel Of Land Measuring On The Site To The Extent Of 3 Cents, Situated In Re Survey No: 8/17a, Old Sys.4146, 4148, Devicode Village, Vilavancode Taluk, Palugul Sub Registrar Office, Marthandam Registration District, Kanyakumari District. Boundaries:- North- Road, East- Property Belonged To Rajamma, South Property Belonged To Linu, West- Property Belonged To Thimathiyois	18/12/2024	08/10/2024	Loan No. HL00561100000005013579 Rs. 1370191/- (Rupees Thirteen Lakh Seventy Thousand One Hundred NinetyOne Only) payable as on 08/10/2024 along with interest @ 14.25 p.a. till the realization.
3.	RAMAR M, ISWARIYA S	All That Piece And Parcel Of Land Situated In Cherannmahadevi Registration District, Kadayam Sro, Keela Kadayam Part 2, Servaikaranpatti Panjayat, Pulavanoor North Street Ward No 10, Ayan Punja Survey 305/1a With The Extent Of 1 Acre And 03 Cent. In Which Southern Side Land With The Extent Of 2½ Cent Equal To 101.175 Sq Mt Land And Existing House With Door No 10/33b5. Boundaries North- Land Belongs To Rani South- 7ft Common Pathway East:- Pathway West:- Land Belongs To Ganesan.	19/12/2024	08/10/2024	Loan No. LAP0523200000005015323 Rs. 713385/- (Rupees Seven Lakh Thirteen Thousand Three Hundred EightyFive Only) payable as on 08/10/2024 along with interest @ 15 p.a. till the realization. Loan No. HL0052320000005011634 Rs. 773093/- (Rupees Seven Lakh SeventyThree Thousand NinetyThree Only) payable as on 08/10/2024 along with interest @ 13.75 p.a. till the realization.

Place: TAMILNADU Date: 24.12.2024 (Sd/-) Authorised Officer, Grihum Housing Finance Limited, (Formerly known as Poonawalla Housing Finance Limited)

SHRIRAM HOUSING FINANCE LIMITED
Head Office: Level -3, Wockhardt Towers, East Wing C-2 Block, Bandra Kurla Complex, Bandra (East), Mumbai 400 051; Tel: 022 4241 0400, 022 4060 3100 ; Website: <http://www.shriramhousing.in>
Reg.Off.: Srinivasa Tower, 1st Floor, Door No.5, Old No.11, 2nd Lane, Cenatoph Road, Alwarpet, Teynampet, Chennai-600018
Branch Office : No. 74/2, Amaka Arcade, 2nd Floor, T.V Swamy Road(w), R.S Puram, Coimbatore, Tamilnadu – 6410002

APPENDIX-IV-A [SEE PROVISION TO RULE 8(6)] SALE NOTICE FOR SALE OF IMMOVABLE PROPERTIES

E-Auction Sale Notice for Sale of Immovable Assets under the Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 read with provision to Rule 8(6) of the Security Interest (Enforcement) Rules, 2002.

Notice is hereby given to the public in general and in particular to the Borrower/s and Guarantor/s that the below described immovable properties mortgaged/ charged to Shriram Housing Finance Limited, the Physical possession of which have been taken by the Authorized Officer of Shriram Housing Finance Limited, will be sold on "As is where is", "As is what is" and "Whatever there is" basis in e-auction on 25th January 2024 between 11 a.m. to 01.00 p.m. for recovery of the balance due to Shriram Housing Finance Limited from the Borrowers And Guarantors, as mentioned in the table. Details of Borrowers and Guarantors, amount due, Short Description of the immovable property and encumbrances known thereon, possession type, reserve price and earnest money deposit & increment are also given as:

Name of Borrowers/ Co-Borrowers/ Guarantors/Mortgagors	Date & Amount of 13(2) Demand Notice	Reserve Price (Rs.) & Bid Increment	Earnest Money Deposit Details (EMD) Details.	Date & Time of Auction	Contact Person and Inspection date
Mrs. Sumathi 15/16 W20 Anna street,MGR Nagar, Theni – 625531 Mr. Thangapandi 15/16 W20 Anna street,MGR Nagar, Theni – 625531 Also at: C/o Maruthi Bakery & Restaurant Mrs. Sumathi No.3 Periyakulam Road, Ulavarsanthai Bodi- 625513	Rs. 1326225/- (Rupees Thirteen Lakh Twenty Six Thousand Two Hundred Twenty Five Only) as on 08-07-2024 under reference of Loan Account No. SHLHHEIN000 0182	Rs. 29,10,000/- (Rupees Twenty Nine lak ten thousand Only) Bid Increment : Rs. 20,000/- and in such multiples Earnest Money Deposit (EMD) (Rs.). Rs.291000/- (Rupees Two Lak ninety one thousand Only)	EMD amount to be deposited by way of RTGS/ NEFT to the account details mentioned herein below: BANK NAME- AXIS BANK LIMITED BRANCH- BANDRA KURLA COMPLEX, MUMBAI BANK ACCOUNT NO. Current Account No. 911020045677633 I F S C C O D E - UTIB0000230	25th Jan 2025 & Time. 11.00 a.m. to 01.00 p.m	PD customer care number 022 - 40081572. M. P. Janakiraman 9865091118 James Clement +917200281906 Property Inspection Date: 24th Jan 2024 Time 11.00 a.m. to 04.00 p.m.

All part and parcel of the property situated at Theni Registration district, Theni SRQ, Allinagaram Village, Utkadai Pommayikaundan patti Ward 1, Bazar Street, Natham SF No.754/40 land and building bounded on the following:
Item No.1: North : item No.2 Property, East : Mr. Udhayakumar Plot, South: Miss Nishanthi, Minor Niresh Kumar and Nivetha settlement property, West : 2 feet wide east west pathway belongs to Minor. Thankapandi, Thirisha, Nishanthi, M. Niresh Kumar, and M. Nivetha
Extent of the property is 11.29 Sq.mt
Item No.2: North : East west Road, East : Mr. Udhayakumar Plot, South : Item No.1 Property
West : 2 feet wide path way belongs to Minor. K. Thangapandi, K. Trisha, M.Nishanthi, M. Niresh kumar, M. Nivetha
Extent of the property 22.58 sq.mt
Total extent of the property item No.1 &2 consist to the extent of 364 ½ Sq.ft

For detailed terms and conditions of the sale, bid form, training & others may also visit website of Shriram Housing Finance Limited at <http://shriramhousing.in/e-auction-Residential> provided in the Shriram Housing Finance Limited website.

Place : Theni
Date : 24-12-2024
Sd/- Authorised Officer
Shriram Housing Finance Limited

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Companies, **Monday to Saturday**

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